


## THE STAR OF HOPE

The shipwrecked mariner lost at sea hails with delight the sight of the North Star, for it is to him the star of hope, which, if followed, may lead to a haven of rest. How like the mariner lost upon the pathless sea is the weary and almost hopeless invalid, who, nearly despairing of a cure, knows not where to turn nor what to do. Lost upon the sea of life exactly describes such a case, and just as surely as help does not come from some source, just so surely will the weakness, sleeplessness, nervousness and debility gradually run into nervous exhaustion and physical prostration until the end comes—insanity, paralysis, utter prostration or death.

[illegible]